

# MAY | 2026

## Rensselaer Central Middle School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Pancake Sausage Stick  Bosco w/ Marinara Sauce Steamed Broccoli
4 Benefit Bar  Chicken Tenders Dinner Roll Sweet Pot/Fries	5 Sausage Biscuit  Walking Taco Refried Beans Corn	6 Breakfast Pizza  BBQ pulled Pork Sandwich Tater Tots	7 Mini Pancakes  Chicken-N-Noodles Mashed Potato Peas	8 English Muffin  Assorted Pizza Steamed Broccoli w/ Cheese
11 Blueberry Muffin w/Cheese Stick  Assorted Chicken (nuggets ,Wings, Tenders) Dinner Roll Mashed Potato w/ Gravy	12 Apple Frudel  French Toast Stix Cheesy Omelet Seasoned Potato	13 Breakfast Pizza  Ham & cheese on Bun Sweet Pot Fries WG Chips	14 French Toast Stix  Chicken Alfredo Breadsticks Mixed Vegetables Rice Krispy Treat	15 Sausage links & Hash Browns  Mozzarella Sticks Marinara Sauce Corn
18 Assorted Muffins  Asst Sandwich on Bun Tater Tots	19 Sausage, Egg & Cheese Breakfast Pocket  Chicken Quesadilla Refried Beans Corn	20 Breakfast Pizza  Hot Dog on Bun Baked Beans WG Cookie	21 Mini Donuts  Spaghetti w/ Meat Sauce Breadsticks Green Beans	22 Cooks Choice  Sack Lunch
25	26	27	28	29 HAVE A GREAT SUMMER BREAK!!!

**Breakfast Alternates Offered Daily:**

Cereal Cheese Stick  
Poptart & Cheese Stick  
100% Juice  
Fruit  
Milk

**Breakfast Alternates Offered Monday-Wednesday-Friday**  
Yogurt & Cheese Stick

**Lunch Alternates Offered Daily:**

PBJ w/ Cheese Stick &  
Goldfish Crackers

Chef Salad w/Muffin &  
Goldfish Crackers

**Mon:** Cheeseburger

**Tues:** Chicken Sandwich

**Wed:** Cheese or Pepperoni  
Pizza

**Thurs:** Spicy Chicken Sandwich

**Fri:** Turkey, Ham or Sub

**Daily:**

Chilled Fruit  
Fresh Fruit  
Milk

**Extra Veggies Offered Daily:**

**Mon:** Baby Carrots

Fresh Broccoli

**Tues:** Celery W/ Ranch

Grape Tomatoes

**Wed:** Baby Carrots

Sliced Bell Pepper

**Thurs:** Celery w/ Ranch

Fresh Broccoli

**Fri:** Baby carrots

Grape Tomatoes