

# MAY | 2026

## Rensselaer Central High School Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Pancake Sausage Stick  Bosco w/ Marinara Sauce Steamed Broccoli
4 Benefit Bar  Chicken Tenders Dinner Roll Sweet Potato/Fries	5 Sausage Biscuit  Walking Taco Refried Beans Corn	6 Breakfast Pizza  BBQ pulled Pork Sandwich Tater Tots	7 Mini Pancakes  Chicken-N-Noodles Mashed Potatoes Peas	8 English Muffin  Assorted Pizza Steamed Broccoli w/ Cheese
11 Blueberry Muffin w/Cheese Stick  Assorted Chicken (nuggets, Wings, Tenders) Dinner Roll Mashed Potatoes w/ Gravy	12 Apple Frudel  French Toast Stix Cheesy Omelet Seasoned Potatoes	13 Breakfast Pizza  Ham & cheese on Bun Sweet Pot Fries WG Chips	14 French Toast Stix  Chicken Alfredo Breadsticks Mixed Vegetables	15 Sausage links & Hash Browns  Mozzarella Sticks Marinara Sauce Corn
18 Assorted Muffins  Asst. Sandwich on Bun Tater Tots	19 Sausage, Egg & Cheese Breakfast Pocket  Chicken Quesadilla Refried Beans Corn	20 Breakfast Pizza  Hot Dog on Bun Baked Beans WG Cookie	21 Mini Donuts  Spaghetti w/ Meat Sauce Breadsticks Green Beans	22 Cooks Choice  Sack Lunch
25	26	27	28	29    HAVE A GREAT SUMMER BREAK!!!

**Breakfast Alternates Offered Daily:**

Cereal Cheese Stick  
Poptart & Cheese Stick  
100% Juice  
Fruit  
Milk

**Breakfast Alternates Offered Monday-Wednesday-Friday**  
Yogurt & Cheese Stick

**Lunch Alternates Offered Daily:**

PBJ w/ Cheese Stick &  
Goldfish Crackers  
Sub Sandwich  
Yogurt Parfaits  
Chef Salad w/Muffin &  
Goldfish Crackers

**Mon:** Cheeseburger  
**Tues:** Chicken Sandwich  
**Wed:** Assorted Pizza  
**Thurs:** Spicy Chicken Sandwich  
**Fri:** Corndog

**Daily:**

Chilled Fruit  
Fresh Fruit  
Milk

**Extra Veggies Offered Daily:**

**Mon:** Baby Carrots  
Fresh Broccoli  
**Tues:** Celery W/ Ranch  
Grape Tomatoes  
**Wed:** Baby Carrots  
Sliced Bell Pepper  
**Thurs:** Celery w/ Ranch  
Fresh Broccoli  
**Fri:** Baby carrots  
Grape Tomatoes