

APRIL | 2026



Rensselaer Central High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Benefit Bar Chicken Tenders w/ Dinner Roll Fries	31 Sausage Biscuit Walking Taco Refried Beans Corn	1 Breakfast Pizza Meatball Sub Tater Tots	2 Mini Pancakes Chicken Alfredo W/ Breadstick Mixed Vegetables Mini Rice Krispie Treat	3 Good Friday  No School
6 Blueberry Muffin W/ Cheese Stick Chicken Nuggets w/ Dinner Roll Mashed Potatoes & Gravy	7 Apple Frudel French Toast Sticks w/ Cheesy Omelet Seasoned Potatoes	8 Breakfast Pizza Hot Dogs Baked Beans WG Chips	9 French Toast Sweet & Sour Chicken w/ Brown Rice Mixed Vegetables Fortune Cookies	10 Sausage Links & Hash browns Mozzarella Sticks Marinara Sauce Corn
13 Apple Cinnamon Muffin w/ Cheese Stick Boneless Wings Dinner Roll Tater Tots	14 Sausage Egg & Cheese Breakfast Pocket Chicken Quesadilla Refried Beans Corn	15 Breakfast Pizza Pepperoni Calzone Fries WG Cookie	16 Mini Donuts Spaghetti w/ Meat Sauce Breadstick Green Beans	17 Biscuit & Gravy Fiestada Pizza Carrots
20 Blueberry Muffin w/ Cheese Stick Mini Corn Dogs Mixed Vegetables	21 Chicken & Biscuit Chicken Taco Refried Beans	22 Breakfast Pizza Chicken N Waffles Tater Tots Ice Cream Cup	23 Mini waffles Macaroni & Cheese w/ Soft Pretzel Steamed Broccoli	24 Cheesy Omelet French Bread Pizza Green Beans
27 Chocolate Chip Muffin w/ Cheese Stick Popcorn Chicken w/ Dinner Roll Mashed Potatoes & Gravy	28 Mini Cinnis Mini Pancakes & Sausage Link Hash Browns	29 Breakfast Pizza Grilled Cheese Sandwich w/ Tomato Soup Goldfish crackers	30 Mini French Toast Orange Chicken w/ Brown Rice Mixed Vegetables	1 Pancake Sausage on Stick Bosco Sticks w/ Marinara Sauce Steamed Broccoli Fava Bean Crisps

Breakfast Alternates offered Daily:

Cereal & Cheese Stick
 Poptart & Cheese Stick
 100% Juice
 Fruit
 Milk

Breakfast Alternates Offered Monday, Weds, Friday:

Yogurt & Cheese Stick

Lunch Alternates Offered Daily:

PBJ W/ Cheese Stick &
 Goldfish crackers
 Chef Salad w/Muffin &
 Goldfish Crackers

Mon: Cheeseburger
Tues: Chicken Sandwich
Weds: Cheese or Pepperoni
 Pizza
Thurs: Spicy Chicken Sandwich
FRI: Corn Dog
Daily:

Chilled Fruit
 Fresh Fruit
 Milk

Extra Veggies Offered Daily:

Mon: Baby Carrots
 Fresh Broccoli
Tues: Celery W/ Ranch
 Grape Tomatoes
Weds: Baby Carrots
 Sliced Bell Peppers
Thurs: Celery w/ PB
 Fresh Broccoli
Fri: Baby Carrots
 Grape Tomatoes