

APRIL | 2026



Rensselaer Central Middle School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Benefit Bar</p> <p>Chicken Tenders w/ Dinner Roll Fries</p>	<p>31 Sausage Biscuit</p> <p>Walking Taco Refried Beans Corn</p>	<p>1 Breakfast Pizza</p> <p>Meatball Sub Tater Tots</p>	<p>2 Mini Pancakes</p> <p>Chicken Alfredo W/ Breadstick Mixed Vegetables Mini Rice Krispie Treat</p>	<p>3 Good Friday</p>  <p>No School</p>
<p>6 Blueberry Muffin W/ Cheese Stick</p> <p>Chicken Nuggets w/ Dinner Roll Mashed Potatoes & Gravy</p>	<p>7 Apple Frudel</p> <p>French Toast Sticks w/ Cheesy Omelet Seasoned Potatoes</p>	<p>8 Breakfast Pizza</p> <p>Hot Dogs Baked Beans WG Chips</p>	<p>9 French Toast</p> <p>Sweet & Sour Chicken w/ Brown Rice Mixed Vegetables Fortune Cookies</p>	<p>10 Sausage Links & Hash browns</p> <p>Mozzarella Sticks Marinara Sauce Corn</p>
<p>13 Apple Cinnamon Muffin w/ Cheese Stick</p> <p>Boneless Wings Dinner Roll Tater Tots</p>	<p>14 Sausage Egg & Cheese Breakfast Pocket</p> <p>Chicken Quesadilla Refried Beans Corn</p>	<p>15 Breakfast Pizza</p> <p>Pepperoni Calzone Fries WG Cookie</p>	<p>16 Mini Donuts</p> <p>Spaghetti w/ Meat Sauce Breadstick Green Beans</p>	<p>17 Biscuit & Gravy</p> <p>Fiestada Pizza Carrots</p>
<p>20 Blueberry Muffin w/ Cheese Stick</p> <p>Mini Corn Dogs Mixed Vegetables</p>	<p>21 Chicken & Biscuit</p> <p>Chicken Taco Refried Beans</p>	<p>22 Breakfast Pizza</p> <p>Chicken N Waffles Tater Tots Ice Cream Cup</p>	<p>23 Mini waffles</p> <p>Macaroni & Cheese w/ Soft Pretzel Steamed Broccoli</p>	<p>24 Cheesy Omelet</p> <p>French Bread Pizza Green Beans</p>
<p>27 Chocolate Chip Muffin w/ Cheese Stick</p> <p>Popcorn Chicken w/ Dinner Roll Mashed Potatoes & Gravy</p>	<p>28 Mini Cinnis</p> <p>Mini Pancakes & Sausage Link Hash Browns</p>	<p>29 Breakfast Pizza</p> <p>Grilled Cheese Sandwich w/ Tomato Soup Goldfish crackers</p>	<p>30 Mini French Toast</p> <p>Orange Chicken w/ Brown Rice Mixed Vegetables</p>	<p>1 Pancake Sausage on Stick</p> <p>Bosco Sticks w/ Marinara Sauce Steamed Broccoli Fava Bean Crisps</p>

Breakfast Alternates offered Daily:

Cereal & Cheese Stick
Poptart & Cheese Stick
100% Juice
Fruit
Milk

Breakfast Alternates Offered Monday, Weds, Friday:

Yogurt & Cheese Stick

Lunch Alternates Offered Daily:

PBJ W/ Cheese Stick &
Goldfish crackers
Chef Salad w/Muffin &
Goldfish Crackers

Mon: Cheeseburger

Tues: Chicken Sandwich

Weds: Cheese or Pepperoni
Pizza

Thurs: Spicy Chicken Sandwich

FRI: Corn Dog

Daily:

Chilled Fruit
Fresh Fruit
Milk

Extra Veggies Offered Daily:

Mon: Baby Carrots
Fresh Broccoli

Tues: Celery W/ Ranch
Grape Tomatoes

Weds: Baby Carrots
Sliced Bell Peppers

Thurs: Celery w/ PB
Fresh Broccoli

Fri: Baby Carrots
Grape Tomatoes