









MARCH | 2026

Rensselaer Central Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Benefit Bar Chicken Tenders w/ Dinner Roll Fries	3 Sausage Biscuit Walking Taco Refried Beans	4 Breakfast Pizza Meatball Sub Tater tots	5 Mini Pancakes Chicken Alfredo w/ Breadstick Steamed Broccoli Mini Rice Krispie Treat	6 Ultimate Breakfast Rounds Mac & Cheese Bites Mixed Vegetables
9 Blueberry Muffin w/ Cheese Stick Chicken Nuggets w/ Dinner Roll Mashed Potatoes & Gravy	10 Apple Frudel French Toast Stix w/ Cheesy Omelet Seasoned Potatoes	11 Breakfast Pizza Hot Dogs Baked Beans WG Chips	12 French Toast Sticks Sweet & Sour Chicken w/ Brown Rice Mixed Vegetables Fortune Cookie	13 Sausage Links & Hash browns Mozzarella Sticks Marinara Sauce Corn
16 Choc-Chip Muffin w/ Cheese Stick Boneless Wings w/ Dinner Roll Tater Tots	17 Sausage, egg & cheese Pocket Chicken Quesadilla Refried Beans Corn	18 Breakfast Pizza Pepperoni Calzone Fries WG Cookie	19 Mini Donuts Spaghetti w/ Meat Sauce Breadstick Green Beans	20 Spring Break  No School
23 Spring Break  No School	24 Spring Break  No School	25 Spring Break  No School	26 Spring Break  No School	27 Spring Break  No School
30 Blueberry Muffin w/ Cheese Stick Mini Corn Dogs Mixed Vegetables	31 Chicken Biscuit Beef Tacos w/ 2 flour Shells Refried Beans Corn	1 Breakfast Pizza Chicken & Waffles Tater Tots Ice Cream Cups	2 Mini Waffles Macaroni & Cheese w/ Soft Pretzel Steamed Broccoli	3 Cheesy Omelet French Bread Pizza Green Beans

- Breakfast Alternates offered Daily:**
 Cereal & Cheese Stick
 Poptart & Cheese Stick
 100% Fruit Juice
 Fruit
 Milk
- Breakfast Alternates Offered Monday, Weds, Friday:**
 Yogurt & Cheese
- Lunch Alternates Offered Daily:**
 PBJ w Cheese Stick
 Goldfish Crackers
 Chef Salad w/ Muffin & goldfish
 Sub Sandwich
 Yogurt Parfaits
- Mon:** Cheeseburger
Tues: Chicken Sandwich
Wed: Cheese or Pepperoni Pizza
Thurs: Spicy Chicken Sandwich
Fri: Corn Dog
- Daily:**
 Chilled Fruit
 Fresh Fruit
 Milk
- Extra Veggies Offered Daily:**
MON: Baby Carrots
 Fresh Broccoli
TUES: Celery w/Ranch
 Grape Tomatoes
WEDS: Baby Carrots
 Sliced Bell Peppers
THURS: Celery w/Ranch
 Fresh Broccoli
 Baby Carrots
 Grape Tomatoes
FRI: